



# GIVE LIFE 5K

HONOR. CELEBRATE. SUPPORT.



## JOIN US MAY 4TH

at Raccoon River Park,  
West Des Moines of Virtually!

REGISTER NOW AT:



[GiveLife5K.com](https://GiveLife5K.com)

## WHY WE WALK, RUN + ROLL

The **Give Life 5K** honors those who have given the gift of life, celebrates the lives of organ and tissue recipients, and recognizes those who continue to wait for a life-saving transplant. This is a family friendly event so no matter your skill level, the Give Life 5K is open to everyone. **Form a team** to honor and support those who have been impacted by organ, eye and tissue donation and celebrate the gift of life!

In 2023, **123 donor heroes** in Iowa gifted a remarkable 350 organs for transplant and an unprecedented 1,027 tissue donors, with unwavering generosity, enhanced the lives of 50-300 individuals each. Iowa Donor Network also served **2,469 donor families** in 2023. Over **106,000** men, women and children are waiting for an organ transplant in the US right now. **Be a part of a community that is determined to end the wait!**

